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**LOCAL**

*—Foods—*

**Catering Menu**

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DOWNTOWN

713-227-0531 [WWW.HOUSTONLOCALFOODS.COM](http://WWW.HOUSTONLOCALFOODS.COM)

OPTION ONE

# GROUP LUNCH

SOMETHING FOR EVERYONE

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## PLATTERS

### SMALL

9 SANDWICHES  
3 MARKET SIDES  
SERVES 7-11 PEOPLE

**\$116**

### MEDIUM

15 SANDWICHES  
4 MARKET SIDES  
SERVES 12-17 PEOPLE

**\$194**

### LARGE

24 SANDWICHES  
5 MARKET SIDES  
BOWL SALAD  
SERVES 18-26 PEOPLE

**\$272**

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## MARKET SIDES

### SMALL

SERVES 4-6 PEOPLE

**\$12**

### MEDIUM

SERVES 7-9 PEOPLE

**\$18**

### LARGE

SERVES 10-15 PEOPLE

**\$24**

### ORZO PESTO

SQUASH, CHERRY TOMATO, CUCUMBER

### QUINOA

BROCCOLI, CARROT, FETA, WALNUTS \*\*

### TUSCAN KALE

GOLDEN RAISINS, PINE NUTS, PARMESAN \*\*

### DILL PICKLES

MADE IN HOUSE

### SCALLOPED POTATO SALAD

DILL, SPRING ONION, HONEY

### HOUSE MADE CHIPS

OLD BAY SEASONING

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## BOWL SALADS

YOUR CHOICE OF THE  
**SUMMER HARVEST, ASIAN SALAD OR WATERMELON ARUGULA**  
SERVES 10-15 PEOPLE

**\$44** (DOES NOT INCLUDE PROTEIN)

ADD CHICKEN OR TOFU \$15    ADD SHRIMP \$19

\*\* CONTAINS NUTS OR SEEDS

# BOX LUNCH

LET US MAKE IT PERSONAL

## SANDWICHES

SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.

(SIDES CANNOT BE SUBSTITUTED FOR DESSERT)

SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

### CAJUN HAM

BHR TASSO HAM, BUTTERNUT SLAW, HONEY BEER MUSTARD, BAGUETTE. 12

### SMOKED SALMON

MIXED GREENS, ONION JAM, CREAM CHEESE, POPPY SEED BAGEL. 12 \*\*

### GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO, HUMMUS, TOMATO, SPROUTS, PICKLED ONIONS, CIABATTA 10.5  
ADD CHICKEN 13  
AS SALAD W/ CHICKEN 14

### ROAST BEEF

CHEDDAR, KALE, TOMATO, CURRIED CAULIFLOWER, HORSERADISH AIOLI, WHEAT. 14.5

### GULF SHRIMP & CRAB

GREEN GODDESS, PICKLED RED ONION, TOMATO, CIABATTA. 14

### TRUFFLED EGG SALAD

MIXED GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN. 10

### “CRUNCHY” CHICKEN

NUT “CRUMBLE”, PROVOLONE, BUTTERMILK RANCH, PICKLES, TOMATO, CRUSHED CHIPS, PRETZEL BUN. 12.5 \*\*

### QUINOA BURGER

SMOKED QUINOA-BEAN PATTY, AVOCADO, TOMATO, PICKLES, ONION, SECRET SAUCE, PRETZEL BUN. 12

## SALADS

### SUMMER HARVEST

RICOTTA CHEESE, BRUSSELS SPROUTS, PEACHES, ALMONDS, SEASONAL VEGETABLES, FRESH HERB VINAIGRETTE 11 \*\*  
ADD CHICKEN OR TOFU 13.5 ADD SHRIMP 14.5

### TACO SALAD

BABY KALE MIX, VEGAN “TACO MEAT”, AVOCADO, PICKLED ONION, TORTILLA STRIPS, CILANTRO-CORN, LIME VINAIGRETTE 12.5 \*\*

### ASIAN CHICKEN

GINGER-SOY DRESSING, SPROUTS, TOASTED CASHEWS, RICE NOODLES, PEANUT SAUCE 12.5 \*\*

### TUNA TATAKI (contains raw fish)

ARUGULA MIX, CUCUMBER, WATERMELON, SPRING ONION, “VEGAN CHEESE”, CASHEW VINAIGRETTE 16.5 \*\*

### SALMON POKÉ (contains raw fish)

BOK CHOY, AVOCADO, SESAME QUINOA, CILANTRO, EDAMAME, RADISH, PICKLED EGG 17.5 \*\*

## SOUPS

### VEGAN SQUASH & QUINOA

CILANTRO, PEAS, PAPRIKA OIL

### CHICKEN POSOLE

HOMINY, GREEN CHILES, CILANTRO, LIME \*\*

\$4 FOR A CUP OR \$6 BOWL

\*\* CONTAINS NUTS OR SEEDS

EXTRAS  
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THE FINAL TOUCH ON THE PERFECT LUNCH.

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## DESSERTS

SMALL ASSORTED PLATTER (SERVES 6-10) **19**  
MEDIUM ASSORTED PLATTER (SERVES 11-18) **29**  
LARGE ASSORTED PLATTER (SERVES 19-24) **39**  
MOM'S CHOCOLATE CUPCAKE **4**  
CHOCOLATE CHIP PECAN COOKIE\*\* **2**  
SEVEN LAYER BAR\*\* **2.75**  
BUTTERSCOTCH BLONDIE\*\* **3**

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## DRINKS

MINTADE GALLON **26**    HALF GALLON **13**  
BLACK TEA GALLON **20**    HALF GALLON **10**  
HONEY ICED COFFEE (WITH SOY MILK) **4**  
PAT GREER'S KOMBUCHA ON DRAFT **4**  
MEXICAN COKE, TOPO CHICO, DR. PEPPER **3**  
COLD BREW NITRO COFFEE ON DRAFT **6**

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## SERVING & SUPPLIES

### UTENSIL KIT

FORK/SPOON/KNIFE/NAPKIN  
\$.25 PER KIT

### PLATES

\$.25

### CUPS

\$.25

### SERVE WARE

SPORK/SPOON/TONG/LADLE  
\$1 EACH

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE  
[HOUSTONLOCALFOODS.COM](http://HOUSTONLOCALFOODS.COM), CHOOSE LOCATION AND SELECT CATERING ORDER FORM  
OR CALL US AT 713.227.0531

24 HOURS ADVANCED NOTICE & \$125 ORDER MINIMUM IS REQUIRED FOR DELIVERY. \$25 DELIVERY FEE.  
A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

IF YOU DO NOT RECEIVE A CONFIRMATION EMAIL YOUR ORDER HAS NOT BEEN PLACED.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.

