LOCAL -Foods Catering Menu

———— DOWNTOWN ————
713-227-0531 WWW.HOUSTONLOCALFOODS.COM

OPTION ONE

GROUP LUNCH

SOMETHING FOR EVERYONE

PLATTERS

SMALL

9 SANDWICHES **3 MARKET SIDES SERVES 7-11 PEOPLE**

\$116

MEDIUM

15 SANDWICHES **4 MARKET SIDES SERVES 12-17 PEOPLE**

\$194

LARGE

24 SANDWICHES **5 MARKET SIDES BOWL SALAD**

SERVES 18-26 PEOPLE

MARKET SIDES

SMALL **SERVES 4-6 PEOPLE** \$12

MEDIUM SERVES 7-9 PEOPLE \$18

LARGE **SERVES 10-15 PEOPLE** \$24

ORZO PESTO

SQUASH, CHERRY TOMATO, CUCUMBER

OUINOA BROCCOLI, CARROT, FETA, WALNUTS **

TUSCAN KALE GOLDEN RAISINS, PINE NUTS, PARMESAN **

DILL PICKLES MADE IN HOUSE

SCALLOPED POTATO SALAD DILL, SPRING ONION, HONEY HOUSE MADE CHIPS OLD BAY SEASONING

BOWL SALADS

YOUR CHOICE OF THE

SUMMER HARVEST, ASIAN SALAD OR WATERMELON ARUGULA

SERVES 10-15 PEOPLE \$44 (DOES NOT INCLUDE PROTEIN) ADD CHICKEN OR TOFU \$15 ADD SHRIMP \$19

BOX LUNCH

LET US MAKE IT PERSONAL

SANDWICHES –

SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP. (SIDES CANNOT BE SUBSTITUTED FOR DESSERT) SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

CAJUN HAM

BHR TASSO HAM, BUTTERNUT SLAW. HONEY BEER MUSTARD. BAGUETTE. 12

ROAST BEEF

CHEDDAR, KALE, TOMATO, CURRIED CAULIFLOWER, HORSERADISH AIOLI, WHEAT, 14.5

"CRUNCHY" CHICKEN

NUT "CRUMBLE", PROVOLONE, BUTTERMILK RANCH, PICKLES, TOMATO, CRUSHED CHIPS, PRETZEL BUN. 12.5 **

SMOKED SALMON

MIXED GREENS, ONION JAM, CREAM CHEESE. POPPY SEED BAGEL. 12 **

GULF SHRIMP & CRAB

GREEN GODDESS, PICKLED RED ONION, TOMATO, CIABATTA. 14

OUINOA BURGER

SMOKED QUINOA-BEAN PATTY, AVOCADO, TOMATO, PICKLES, ONION, SECRET SAUCE, PRETZEL BUN. 12

GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO. HUMMUS, TOMATO, SPROUTS, PICKLED ONIONS, CIABATTA 10.5 ADD CHICKEN 13 AS SALAD W/ CHICKEN 14

TRUFFLED EGG SALAD

MIXED GREENS, TOMATO. PARMESAN, AIOLI, PRETZEL BUN. 10

SALADS

SUMMER HARVEST

RICOTTA CHEESE, BRUSSELS SPROUTS, PEACHES, ALMONDS, SEASONAL VEGETABLES, FRESH HERB VINAIGRETTE 11.5 ** ADD CHICKEN OR TOFU 13.5 ADD SHRIMP 14.5

ASIAN CHICKEN

GINGER-SOY DRESSING, SPROUTS, TOASTED CASHEWS, RICE NOODLES, PEANUT SAUCE 12.5 **

SALMON POKÉ (contains raw fish)

BOK CHOY, AVOCADO, SESAME QUINOA. CILANTRO, EDAMAME, RADISH, PICKLED EGG 17.5 **

TACO SALAD

BABY KALE MIX, VEGAN "TACO MEAT", AVOCADO, PICKLED ONION, TORTILLA STRIPS, CILANTRO-CORN, LIME VINAIGRETTE 12.5 **

TUNA TATAKI (contains raw fish)

ARUGULA MIX, CUCUMBER, WATERMELON, SPRING ONION, "VEGAN CHEESE", CASHEW VINAIGRETTE 16.5 **

SOUPS

VEGAN SQUASH & QUINOA

CILANTRO, PEAS. PAPRIKA OIL

CHICKEN POSOLE

HOMINY, GREEN CHILES, CILANTRO, LIME **

\$4 FOR A CUP OR \$6 BOWL ** CONTAINS NUTS OR SEEDS



THE FINAL TOUCH ON THE PERFECT LUNCH.

– DESSERTS —

—— DRINKS —

SMALL ASSORTED PLATTER (SERVES 6-10) 19

MEDIUM ASSORTED PLATTER (SERVES 11-18) 29

LARGE ASSORTED PLATTER (SERVES 19-24) 39

MOM'S CHOCOLATE CUPCAKE 4

CHOCOLATE CHIP PECAN COOKIE** 2

SEVEN LAYER BAR** 2.75

BUTTERSCOTCH BLONDIE 3**

MINTADE GALLON 26 HALF GALLON 13

BLACK TEA GALLON 20 HALF GALLON 10

HONEY ICED COFFEE (WITH SOY MILK) 4

PAT GREER'S KOMBUCHA ON DRAFT 4

MEXICAN COKE, TOPO CHICO, DR.PEPPER 3

COLD BREW NITRO COFFEE ON DRAFT 6

SERVING & SUPPLIES —

\$.25 \$.25

UTENSIL KIT

FORK/SPOON/KNIFE/NAPKIN
\$.25 PER KIT

PLATES

CUPS

SERVE WARE

SPORK/SPOON/TONG/LADLE \$1 EACH

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE

HOUSTONLOCALFOODS.COM, CHOOSE LOCATION AND SELECT CATERING ORDER FORM

OR CALL US AT 713.227.0531

24 HOURS ADVANCED NOTICE & \$125 ORDER MINIMUM IS REQUIRED FOR DELIVERY. \$25 DELIVERY FEE.

A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

IF YOU DO NOT RECEIVE A CONFIRMATION EMAIL YOUR ORDER HAS NOT BEEN PLACED.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.

