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**LOCAL**

*— Foods —*

# Catering Menu

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DOWNTOWN

420 MAIN ST      713-227-0531

[WWW.HOUSTONLOCALFOODS.COM](http://WWW.HOUSTONLOCALFOODS.COM)

OPTION ONE

## GROUP LUNCH

SOMETHING FOR EVERYONE

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### PLATTERS

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#### SMALL

9 SANDWICHES  
3 MARKET SIDES  
**SERVES 7-11 PEOPLE**

**\$125**

#### MEDIUM

15 SANDWICHES  
4 MARKET SIDES  
**SERVES 12-17 PEOPLE**

**\$194**

#### LARGE

24 SANDWICHES  
5 MARKET SIDES  
BOWL SALAD  
**SERVES 18-26 PEOPLE**

**\$295**

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### MARKET SIDES

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**SPRING TABOULI** TUMERIC RICE, SNOW PEAS, FENNEL

**QUINOA** BROCCOLI, CARROT, FETA, SUNFLOWER SEEDS \*\*

**TUSCAN KALE** GOLDEN RAISINS, PINE NUTS, PARMESAN \*\*

**DILL PICKLES** MADE IN HOUSE

**SCALLOPED POTATO SALAD** DILL, ONION, HONEY

**HOUSE MADE CHIPS** OLD BAY SEASONING

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### JALAPEÑO HUMMUS

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**\$20**

**SERVES 6-8 PEOPLE**  
SERVED WITH ASSORTED VEGETABLES

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### SOUPS

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#### CHICKEN POSOLE

HOMINY, GREEN CHILES,  
CILANTRO, LIME \*\*

**\$10**

**SERVES 4-5 PEOPLE**

#### VEGAN GUMBO

TRINITY, KIDNEY BEANS,  
SCALLIONS, BEAUMONT RICE

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### BOWL SALADS

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YOUR CHOICE OF THE  
**SEASONAL HARVEST OR ASIAN SALAD**

SERVES 10-15 PEOPLE

**\$44 (DOES NOT INCLUDE PROTEIN)**

**ADD CHICKEN OR TOFU \$15    ADD SHRIMP \$19**

**\*\* CONTAINS NUTS OR SEEDS**

# BOX LUNCH

LET US MAKE IT PERSONAL

## SANDWICHES

SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.

(SIDES CANNOT BE SUBSTITUTED FOR DESSERT)

SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

### TURKEY CONFIT

MELTED BRIE, CRANBERRY JAM  
ARUGULA, AIOLI  
HARVEST WHEAT. 13.5

### TRUFFLED EGG SALAD

MIXED GREENS, TOMATO,  
PARMESAN, AIOLI,  
PRETZEL BUN. 10

### ROAST BEEF

CHEDDAR, KALE, TOMATO,  
CURRIED CAULIFLOWER,  
HORSERADISH AIOLI, CHALLAH. 14.5

### GULF SHRIMP & CRAB

GREEN GODDESS, PICKLED  
RED ONION, TOMATO,  
CIABATTA. 14

### GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO,  
HUMMUS, TOMATO, SPROUTS,  
PICKLED ONIONS, CIABATTA. 10.5  
ADD CHICKEN 13  
AS SALAD W/ CHICKEN 14

### “CRUNCHY” CHICKEN

NUT “CRUMBLE”, PROVOLONE,  
BUTTERMILK RANCH, PICKLES,  
TOMATO, CRUSHED CHIPS,  
PRETZEL BUN. 12.5 \*\*

### SPICY FALAFEL

CASHEW “CREAM”,  
PICKLED GREEN TOMATOES,  
SPRING PEA HUMMUS,  
SAMBAL, ROMAINE 12.5

## SALADS

### SEASONAL HARVEST

RICOTTA CHEESE, BRUSSELS SPROUTS, FRUIT,  
ALMONDS, SEASONAL VEGETABLES, FRESH HERB  
VINAIGRETTE 11.5 \*\*  
ADD CHICKEN OR TOFU 13.5 ADD SHRIMP 14.5

### ASIAN CHICKEN

GINGER-SOY DRESSING, SPROUTS, TOASTED  
CASHEWS, RICE NOODLES, PEANUT SAUCE 12.5 \*\*

### SALMON POKÉ (contains raw fish)

BOK CHOY, AVOCADO, SESAME QUINOA,  
CILANTRO, EDAMAME, RADISH, PICKLED EGG 17.5 \*\*

### TACO SALAD

BABY KALE MIX, VEGAN “TACO MEAT”, AVOCADO,  
PICKLED ONION, TORTILLA STRIPS, CILANTRO-CORN,  
LIME VINAIGRETTE 12.5 \*\*

### PEPPER TUNA SALAD (contains raw fish)

ARUGULA MIX, CUCUMBER, WATERMELON, SPRING ONION,  
“VEGAN CHEESE”, CASHEW VINAIGRETTE 16.5 \*\*

\*\* CONTAINS NUTS OR SEEDS

EXTRAS  
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THE FINAL TOUCH ON THE PERFECT LUNCH.

## DESSERTS

SMALL ASSORTED PLATTER (SERVES 6-10) **19**  
MEDIUM ASSORTED PLATTER (SERVES 11-18) **29**  
LARGE ASSORTED PLATTER (SERVES 19-24) **39**  
VEGAN CARROT CUPCAKE **4**  
CHOCOLATE CHIP PECAN COOKIE\*\* **2**  
GLUTEN FREE SEVEN LAYER BAR\*\* **3**  
CHEF'S SEASONAL PASTRY **4**

## DRINKS

HIBISCUS LEMONADE GALLON **26** HALF GALLON **13**  
BLACK TEA GALLON **20** HALF GALLON **10**  
CINNAMON ICED COFFEE (WITH SOY MILK) **4**  
PAT GREER'S ARTISINAL KOMBUCHA **4.5**  
MEXICAN COKE, TOPO CHICO, DR. PEPPER **3**  
COLD BREW NITRO COFFEE ON DRAFT **6**

## SERVING & SUPPLIES

**UTENSIL KIT**  
FORK/SPOON/KNIFE/NAPKIN  
\$.25 PER KIT

**PLATES**  
\$.25

**BOWLS**  
\$.25

**CUPS**  
\$.25

**SERVE WARE**  
SPORK/SPOON/TONG/LADLE  
\$1 EACH

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE  
[HOUSTONLOCALFOODS.COM](http://HOUSTONLOCALFOODS.COM), CHOOSE LOCATION AND SELECT **CATERING ORDER FORM**  
OR CALL US AT 713.227.0531

24 HOURS ADVANCED NOTICE & \$125 ORDER MINIMUM IS REQUIRED FOR DELIVERY. \$25 DELIVERY FEE.  
A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

IF YOU DO NOT RECEIVE A CONFIRMATION INVOICE YOUR ORDER HAS NOT BEEN PLACED.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.

