
LOCAL

—Foods—

Catering Menu

———— DOWNTOWN ————

713-227-0531 WWW.HOUSTONLOCALFOODS.COM

OPTION ONE

GROUP LUNCH

SOMETHING FOR EVERYONE

PLATTERS

SMALL

9 SANDWICHES
3 MARKET SIDES
SERVES 7-11 PEOPLE

\$116

MEDIUM

15 SANDWICHES
4 MARKET SIDES
SERVES 12-17 PEOPLE

\$194

LARGE

24 SANDWICHES
5 MARKET SIDES
BOWL SALAD
SERVES 18-26 PEOPLE

\$272

MARKET SIDES

SMALL

SERVES 4-6 PEOPLE

\$12

MEDIUM

SERVES 7-9 PEOPLE

\$18

LARGE

SERVES 10-15 PEOPLE

\$24

PARSNIP SLAW SQUASH, COCONUT OIL, PUMPKIN SEEDS ** **QUINOA** BROCCOLI, CARROT, FETA, PUMPKIN SEEDS **

TUSCAN KALE GOLDEN RAISINS, PINE NUTS, PARMESAN ** **DILL PICKLES** MADE IN HOUSE

SCALLOPED POTATO SALAD DILL, SPRING ONION, HONEY **HOUSE MADE CHIPS** OLD BAY SEASONING

BOWL SALADS

YOUR CHOICE OF THE
SEASONAL HARVEST, OR ASIAN SALAD
SERVES 10-15 PEOPLE

\$44 (DOES NOT INCLUDE PROTEIN)

ADD CHICKEN OR TOFU \$15 ADD SHRIMP \$19

** CONTAINS NUTS OR SEEDS

BOX LUNCH

LET US MAKE IT PERSONAL

SANDWICHES

SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.

(SIDES CANNOT BE SUBSTITUTED FOR DESSERT)

SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

TURKEY CONFIT

MELTED BRIE, CRANBERRY JAM
ARUGULA, AIOLI
HARVEST WHEAT 13.5

SMOKED SALMON

MIXED GREENS, ONION JAM,
CREAM CHEESE,
POPPY SEED BAGEL. 12 **

GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO,
HUMMUS, TOMATO, SPROUTS,
PICKLED ONIONS, CIABATTA 10.5
ADD CHICKEN 13
AS SALAD W/ CHICKEN 14

ROAST BEEF

CHEDDAR, KALE, TOMATO,
CURRIED CAULIFLOWER,
HORSERADISH AIOLI, CHALLAH. 14.5

GULF SHRIMP & CRAB

GREEN GODDESS, PICKLED
RED ONION, TOMATO,
CIABATTA. 14

“CRUNCHY” CHICKEN

NUT “CRUMBLE”, PROVOLONE,
BUTTERMILK RANCH, PICKLES,
TOMATO, CRUSHED CHIPS,
PRETZEL BUN. 12.5 **

QUINOA BURGER

SMOKED QUINOA-BEAN PATTY,
AVOCADO, TOMATO, PICKLES,
ONION, VEGAN AIOLI,
PRETZEL BUN. 12

TRUFFLED EGG SALAD

MIXED GREENS, TOMATO,
PARMESAN, AIOLI,
PRETZEL BUN. 10

SALADS

SEASONAL HARVEST

RICOTTA CHEESE, BRUSSELS SPROUTS, APPLES,
ALMONDS, SEASONAL VEGETABLES, FRESH HERB
VINAIGRETTE 11.5 **
ADD CHICKEN OR TOFU 13.5 ADD SHRIMP 14.5

TACO SALAD

BABY KALE MIX, VEGAN “TACO MEAT”, AVOCADO,
PICKLED ONION, TORTILLA STRIPS, CILANTRO-CORN,
LIME VINAIGRETTE 12.5 **

ASIAN CHICKEN

GINGER-SOY DRESSING, SPROUTS, TOASTED
CASHEWS, RICE NOODLES, PEANUT SAUCE 12.5 **

PEPPER TUNA SALAD (contains raw fish)

ARUGULA MIX, CUCUMBER, WATERMELON, SPRING ONION,
“VEGAN CHEESE”, CASHEW VINAIGRETTE 16.5 **

SALMON POKÉ (contains raw fish)

BOK CHOY, AVOCADO, SESAME QUINOA,
CILANTRO, EDAMAME, RADISH, PICKLED EGG 17.5 **

SOUPS

VEGAN GUMBO

TRINITY, KIDNEY BEANS,
SCALLIONS, BEAUMONT RICE

CHICKEN POSOLE

HOMINY, GREEN CHILES,
CILANTRO, LIME **

\$4 FOR A CUP OR \$6 BOWL

** CONTAINS NUTS OR SEEDS

EXTRAS
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THE FINAL TOUCH ON THE PERFECT LUNCH.

DESSERTS

SMALL ASSORTED PLATTER (SERVES 6-10) 19
MEDIUM ASSORTED PLATTER (SERVES 11-18) 29
LARGE ASSORTED PLATTER (SERVES 19-24) 39
MOM'S CHOCOLATE CUPCAKE 4
CHOCOLATE CHIP PECAN COOKIE** 2
SEVEN LAYER BAR** 3
BUTTERSCOTCH BLONDIE** 3

DRINKS

HIBISCUS LEMONADE GALLON 26 HALF GALLON 13
BLACK TEA GALLON 20 HALF GALLON 10
HONEY ICED COFFEE (WITH SOY MILK) 4
PAT GREER'S KOMBUCHA ON DRAFT 4
MEXICAN COKE, TOPO CHICO, DR. PEPPER 3
COLD BREW NITRO COFFEE ON DRAFT 6

SERVING & SUPPLIES

UTENSIL KIT

FORK/SPOON/KNIFE/NAPKIN
\$.25 PER KIT

PLATES

\$.25

CUPS

\$.25

SERVE WARE

SPORK/SPOON/TONG/LADLE
\$1 EACH

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE
HOUSTONLOCALFOODS.COM, CHOOSE LOCATION AND SELECT CATERING ORDER FORM
OR CALL US AT 713.227.0531

24 HOURS ADVANCED NOTICE & \$125 ORDER MINIMUM IS REQUIRED FOR DELIVERY. \$25 DELIVERY FEE.
A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

IF YOU DO NOT RECEIVE A CONFIRMATION EMAIL YOUR ORDER HAS NOT BEEN PLACED.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.

