

SANDWICHES • SOUPS • SALADS

Proudly serving:
Slow Dough Bread
Company

SANDWICHES

SANDWICHES MAY ALSO BE PREPARED AS A SALADS

CHOICE OF 2 SIDES OR CUP OF SOUP SUBSTITUTE GLUTEN FREE WRAP FOR 2.5

MILTON'S

HEBREW NATIONAL BEEF SALAMI, SHARP CHEDDAR, CRISPY ONIONS, PICKLE AIOLI
FARM EGG, CHALLAH TEXAS TOAST 12

QUINOA BURGER

SMOKED QUINOA-BEAN PATTY, TOMATO, PICKLES, ONION, SECRET SAUCE, PRETZEL BUN 11.

CAJUN HAM

BHR TASSO HAM, KIMCHI, BUTTERNUT SLAW, HONEY BEER MUSTARD, BAGUETTE 11.5.

TRUFFLED EGG SALAD

MIXED GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 9.5.

SMOKED SALMON

COLD CURED & SMOKED IN-HOUSE, MIXED GREENS, ONION JAM,
LEMON CREAM CHEESE, POPPY BAGEL 11.5. **

"CRUNCHY" CHICKEN

NUT "CRUMBLE", PROVOLONE, BUTTERMILK RANCH, PICKLES,
TOMATO, ROMAINE, CRUSHED CHIPS, PRETZEL BUN 11. **

GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO, HUMMUS, TOMATO, PICKLED ONIONS,
SPROUTS, CIABATTA 9.5 ADD CHICKEN 12 AS SALAD W/ CHICKEN 13.

GULF SEAFOOD

SHRIMP, CRAB, GREEN GODDESS, PICKLED RED ONION, TOMATO, CIABATTA 13.5

ROAST BEEF

CHEDDAR, CURRIED CAULIFLOWER, KALE, TOMATO, HORSERADISH AIOLI, SESAME BUN 14.

SOUPS

CUP 3.5 - BOWL 5.5

VEGAN SQUASH &
QUINOA
CILANTRO, PEAS, PAPRIKA

CHICKEN POSOLE
HOMINY, GREEN CHILIES
PUMPKIN SEEDS, LIME**

SIDES

À LA CARTE 4. TO-GO 5. OR 3 SIDES BOWL FOR 11.

SOBA NOODLES

CUCUMBERS, SNOW PEAS, CILANTRO

HOUSEMADE CHIPS

OLD BAY SEASONING

HOUSE CORN NUTS

"CHILI-CHEESE" SEASONING

TUSCAN KALE

GOLDEN RAISINS, PINE NUTS, PARMESAN **

QUINOA

BROCCOLI, CARROT, FETA, WALNUTS **

SCALLOPED POTATO SALAD

DILL, SPRING ONION, HONEY

DILL PICKLES

MADE IN HOUSE

SALADS

SALMON POKÉ

BOK CHOY, AVOCADO, SESAME QUINOA, EDAMAME, RADISH, PICKLED EGG 17.

TUNA TATAKI

ARUGULA MIX, CUCUMBER, WATERMELON, SPRING ONION, "VEGAN CHEESE",
CASHEW VINAIGRETTE 16. **

ASIAN CHICKEN

GINGER-SOY DRESSING, SPROUTS, TOASTED CASHEWS, RICE NOODLES, PEANUT SAUCE 12. **

TACO SALAD

BABY KALE MIX, VEGAN "TACO MEAT", AVOCADO, PICKLED ONION, TORTILLA STRIPS,
CILANTRO-CORN, LIME VINAIGRETTE 12. **

SUMMER HARVEST

RICOTTA CHEESE, BRUSSELS SPROUTS, PEACHES, ALMONDS, SEASONAL VEGETABLES,
FRESH HERB VINAIGRETTE 10. ** ADD CHICKEN OR TOFU 12. ADD SHRIMP 13.

DRINKS

MINTADE (BLEND OF CITRUS JUICES & MINT) 3.

HOUSE AQUA FRESCA (ASK FOR FLAVOR AND AVAILABILITY) 4.

BOTTLED BEVERAGES 3.

COLD BREW COFFEE - NITRO DRAFT (not served over ice) 6.

HOUSE HONEY ICED COFFEE 4.5

PAT GREER'S LOCAL FOODS KOMBUCHA ON DRAFT 3.5.

SWEETS

CHOCOLATE CHIP PECAN COOKIE 2.

BUTTERSCOTCH BROWNIE ** 3.

GLUTEN FREE 7 LAYER BAR ** 2.75

MOM'S CHOCOLATE CUPCAKE 4.

ask a staff member to view
our full wine list



DOWNTOWN

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING ** CONTAINS NUTS OR SEEDS