

Sandwiches / Soups / Salads

SANDWICHES

PROUDLY SERVING SLOW DOUGH BREAD COMPANY

CHOICE OF 2 SIDES OR CUP OF SOUP SUBSTITUTE GLUTEN FREE WRAP FOR 2.5

44 FARMS HAMBURGER FREE RANGE BEEF, INDIAN CREEK MUSHROOMS, SWISS CHEESE, ROMAINE, CRISPY ONIONS, SECRET SAUCE, SESAME CHALLAH 14. (ADD FARM EGG 2)

SPICY FALAFEL HERB AND CHICKPEA PATTY, SAMBAL, VEGAN AIOLI, TOMATO, SPRING PEA HUMMUS, HARVEST WHEAT 12

TURKEY SALAD JALAPENO MOZZARELLA, PECAN PESTO, RED GRAPES, ARUGULA, AIOLI, SOURDOUGH 13

TRUFFLED EGG SALAD MIXED GREENS, AIOLI, TOMATO, PARMESAN, PRETZEL BUN 9.5

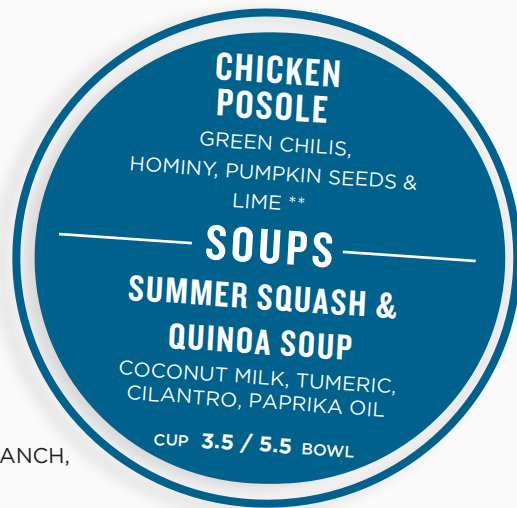
SMOKED SALMON COLD SMOKED & CURED IN-HOUSE, MIXED GREENS, ONION JAM, LEMON CREAM CHEESE, POPPY SEED BAGEL 11.5 **

CRUNCHY CHICKEN NUT AND SEED CRUMBLE, PROVOLONE, PICKLES, BUTTERMILK RANCH, TOMATO, ROMAINE, CRUSHED CHIPS, PRETZEL BUN 12. **

GARDEN SAMMIE BRUSSELS SPROUTS, CURRIED CAULIFLOWER, AVOCADO, HUMMUS, TOMATO, PICKLED ONIONS, SPROUTS, CIABATTA 10. (W/ CHICKEN 12.5 AS SALAD W/ CHICKEN 13.5)

GULF SEAFOOD SHRIMP, CRAB, GREEN GODDESS, PICKLED RED ONION, TOMATO, CIABATTA 13.5

ROAST BEEF CHEDDAR, CURRIED CAULIFLOWER, KALE, TOMATO, HORSERADISH AIOLI, SESAME BUN 14.



SIDES

À LA CARTE 4. TO-GO 5. OR 3 SIDES BOWL FOR 11.

HOUSEMADE CHIPS WITH OLD BAY SEASONING

QUINOA BROCCOLI, CARROT, FETA, SUNFLOWER SEEDS **

HOUSE CORN NUTS "CHILI-CHEESE" SEASONING

ROASTED CORN SUCCOTASH NAVY BEANS, TOMATOES, LIME

SCALLOPED POTATO SALAD DILL, ONION, HONEY

DILL PICKLES MADE IN HOUSE

TUSCAN KALE GOLDEN RAISINS, PINE NUTS, PARMESAN **

FRESH FRUIT LOCALLY SOURCED AND SEASONAL

SALADS

SANDWICHES MAY ALSO BE PREPARED AS A SALAD

SALMON POKÉ BOK CHOY, AVOCADO, CILANTRO, SESAME QUINOA, EDAMAME, RADISH, PICKLED EGG 17.

TACO SALAD KALE, ROMAINE, VEGAN "TACO MEAT", AVOCADO, PICKLED ONION, TORTILLA STRIPS, CILANTRO-CORN, LIME VINAIGRETTE 12. **

ASIAN CHICKEN GINGER-SOY DRESSING, SPROUTS, CILANTRO, TOASTED CASHEWS, RICE NOODLES, PEANUT SAUCE 12. **

GULF TUNA BOWL TARTARE STYLE TUNA, TURMERIC RICE, ARUGULA, CURED CUCUMBER, CABBAGE SLAW, MARCONA ALMONDS, TOGARASHI AIOLI 16. **

SUMMER HARVEST RICOTTA CHEESE, BRUSSELS SPROUTS, SEASONAL FRUIT, ALMONDS, SEASONAL VEGETABLES, FRESH HERB VINAIGRETTE 11. ** ADD CHICKEN OR TOFU 13. ADD SHRIMP 14.

DRINKS

HIBISCUS LEMONADE (ORGANIC HIBISCUS LEAVES) 3.

MEXICAN COKE, TOPO CHICO 3.

COLD BREW COFFEE - NITRO DRAFT (NOT SERVED OVER ICE) 4.

FLAVORED HOUSE ICED COFFEE: CINNAMON OR VANILLA 4.5

PAT GREER'S LOCAL FOODS KOMBUCHA 4.5

SAINT ARNOLD ROOT BEER, YERBA MATE, WILD SOUTH TEA 3.5

SWEETS

GLUTEN FREE PEANUT BUTTER CHOCOLATE CHIP COOKIE ** 2.

CHOCOLATE CHIP PECAN COOKIE** 2.

VEGAN CARROTCAKE CUPCAKE 4.

PEACH COBBLER CUPCAKE** 3.

4-7 HAPPY HOUR SEVEN DAYS

THERE IS A 5% SURCHARGE ADDED TO ALL TOGO ORDERS

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING ** CONTAINS NUTS OR SEEDS

8.15.18