

# LOCAL —Foods—

## Catering Menu

### TANGLEWOOD

5740 SAN FELIPE - HOUSTON, TX 77057 -- 713-789-0642

WWW.HOUSTONLOCALFOODS.COM

EMAIL: TANGLEWOOD@HOUSTONLOCALFOODS.COM

SANDWICH PLATTERS • BOXED LUNCHES • SALAD BOWLS

THE FINAL TOUCH FOR THE PERFECT LUNCH.

## Desserts

SMALL ASSORTED PLATTER (SERVES 5-8) **19.**

MEDIUM ASSORTED PLATTER (SERVES 10-15) **29.**

LARGE ASSORTED PLATTER (SERVES 18-24) **39.**

CHOCOLATE CHIP PECAN COOKIE **2.**

GF 7-LAYER BAR **2.75**

BUTTERSCOTCH BLONDIE **3.**

## Beverages

SEASONAL MINTADE **26.** / **13.** GALLON 1/2 GALLON

ICED TEA GALLON **20.** / **10.**

BOTTLED WATER **1.5 EA**

## SUPPLIES

— **ECO** —  
friendly

PLATES **\$.25**

CUPS **\$.25**

BOWLS **\$.25**  
(SOUP/SALAD)

CUTLERY KIT **\$.25** PER KIT  
(FORK/SPOON/KNIFE/NAPKIN)

SERVE WARE **\$1 EA**  
SPOON / SPORK / CHIP SCOOP  
SALAD TONGS + DRESSING LADLE



## LET US DO THE WORK

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE  
AT [HOUSTONLOCALFOODS.COM](http://HOUSTONLOCALFOODS.COM) & SELECT OUR LOCATION:

### TANGLEWOOD

FILL OUT A CATERING ORDER FORM & E-MAIL IT TO

[TANGLEWOOD@HOUSTONLOCALFOODS.COM](mailto:TANGLEWOOD@HOUSTONLOCALFOODS.COM)

A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK  
VIA E-MAIL AFTER 2PM FOR YOU TO APPROVE.

24 HOURS ADVANCED NOTICE IS REQUIRED

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.

# WHAT WE CAN BRING TO THE LUNCH TABLE.

## Option #1

### GROUP LUNCH

[ ASSORTED SANDWICH PLATTERS ]

#### Small

[ SERVES 7-11 PEOPLE ]

9 SANDWICHES  
3 MARKET SIDES

**\$125**

#### Medium

[ SERVES 12-17 PEOPLE ]

15 SANDWICHES  
4 MARKET SIDES

**\$194**

#### Large

[ SERVES 20-26 PEOPLE ]

24 SANDWICHES  
5 MARKET SIDES  
HARVEST BOWL SALAD

**\$295**

SERVING SPOONS & TONGS AVAILABLE FOR \$1 EACH UPON REQUEST.

### MADE FOR SHARING

#### Hummus Platter

[ SERVES 6-8 PEOPLE ]

**\$20**

SERVED WITH AN ASSORTMENT OF SEASONAL VEGETABLES

#### Soup

BY THE QUART

[ SERVES 4-5 PEOPLE ]

**\$10**

CHOICE OF:

CHICKEN POSOLE  
VEGAN GUMBO

SOUP BOWLS AVAILABLE UPON REQUEST FOR .25 EA

#### BOWL SALAD

[ SERVES 8-15 PEOPLE ]

**\$44**

CHOICE OF:

HARVEST \*\*  
ASIAN \*\*  
VEGAN CAESAR \*\*

(DOES NOT INCLUDE PROTEIN)

ADD CHICKEN +\$15  
ADD SHRIMP +\$19

SERVING TONGS + LADEL AVAILABLE FOR \$2

#### A LA CARTE :

SMALL \$12 / MEDIUM \$18 / LARGE \$24

### MARKET SIDES

**ASIAN SLAW** TOFU, EDAMAME, SESAME  
**TUSCAN KALE** PINE NUTS, PARMESAN \*\*  
**BEETS** GREEN APPLE, PISTACHIO, QUINOA \*\*

**RED POTATO SALAD** EGG, CELERY, DILL  
**HOUSEMADE CHIPS** W/ OLD BAY SEASONING  
**DILL PICKLE SPEARS**

\*\* CONTAINS NUTS OR SEEDS

## Option #2

LET US MAKE IT PERSONAL.

### BOX LUNCH

#### SANDWICHES

SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.

##### FALAFEL

OLIVE CRUMBLE, PICKLED ONION, TOMATO, LETTUCE, PICKLES, SAMBAL, VEGAN AIOLI, WHEAT TOAST 12.5 \*\*

##### TRUFFLED EGG SALAD

MIXED GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 10.

##### GARDEN SAMMIE

AVOCADO, HUMMUS, BRUSSELS SPROUTS, TOMATO, CURRIED CAULIFLOWER, SPROUTS, PICKLED ONIONS, CIABATTA 10.5

ADD CHICKEN 13. AS A SALAD W/ CHICKEN 14.

##### GULF SEAFOOD

SHRIMP & BLUE CRAB, TOMATO, LETTUCE, PICKLED ONION, GREEN GODDESS, CIABATTA 14.

##### "CRUNCHY" CHICKEN

NUT-SEED CRUMBLE, CRUSHED CHIPS, TOMATO, HOUSE PICKLES, LETTUCE, PROVOLONE, BUTTERMILK RANCH, PRETZEL BUN 12.5 \*\*

##### PASTRAMI

BLACK HILL RANCH BEEF, SWISS CHEESE, RED CABBAGE SLAW, PICKLES, "100K" SAUCE, MARBLED RYE 14.5 \*\*

##### "BANH MI"

GRILLED PORK, PICKLED ONION, CILANTRO, CARROT/ CUCUMBER MIX, JALAPEÑO, SAMBAL, AIOLI, FRENCH BAGUETTE 12.5

(TOFU AVAILABLE UPON REQUEST)

ADD A COOKIE +\$2 / SUB GF WRAP +\$2.5

Sandwiches may also be prepared as a salad.

### SALADS

#### SEASONAL HARVEST

MIXED GREENS, MARKET VEGGIES, LOCAL SPROUTS, GOAT CHEESE RICOTTA, SUNFLOWER SEEDS, FRESH HERB VINAIGRETTE 11.5 \*\*

ADD CHICKEN, TOFU 13.5, OR SHRIMP 14.5

#### ASIAN CHICKEN

NAPA CABBAGE, BEAN SPROUTS, CASHEWS, PICKLED CUCUMBER, CRISPY RICE NOODLES, GINGER-SOY VINAIGRETTE, SPICY PEANUT SAUCE 12.5 \*\*

#### TACO SALAD

BABY KALE MIX, VEGAN "TACO MEAT," AVOCADO, ROASTED CILANTRO-CORN, PICKLED ONIONS, TORTILLA STRIPS, LIME VINAIGRETTE 12.5 \*\*

#### VEGAN CAESAR

BABY KALE MIX, CRISPY SWEET POTATO, PICKLED CELERY, CROUTONS, SPICED PECANS, VEGAN CASHEW CHEESE 10.5 \*\*

ADD CHICKEN, TOFU 12.5 OR SHRIMP 13.5

CUP 4. / BOWL 6. / QUART 10.

### SOUPS

#### CHICKEN POSOLE

POBLANO, GREEN CHILES, HOMINY, CILANTRO & PUMPKIN SEED GARNISH \*\*

#### VEGAN GUMBO

CELERY, KIDNEY BEANS, SCALLIONS, BROWN RICE

\*\* CONTAINS NUTS OR SEEDS