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**LOCAL**

*Foods*

*Catering Menu*

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RICE VILLAGE

713.521.7800 [WWW.HOUSTONLOCALFOODS.COM](http://WWW.HOUSTONLOCALFOODS.COM)

OPTION ONE

# GROUP LUNCH

SOMETHING FOR EVERYONE

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## PLATTERS

### SMALL

9 SANDWICHES  
3 MARKET SIDES  
SERVES 7-11 PEOPLE

**\$116**

### MEDIUM

15 SANDWICHES  
4 MARKET SIDES  
SERVES 12-17 PEOPLE

**\$194**

### LARGE

24 SANDWICHES  
5 MARKET SIDES  
BOWL SALAD  
SERVES 18-26 PEOPLE

**\$272**

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## MARKET SIDES

### SMALL

SERVES 4-6 PEOPLE  
**\$12**

### MEDIUM

SERVES 7-9 PEOPLE  
**\$18**

### LARGE

SERVES 10-15 PEOPLE  
**\$24**

**SOBA NOODLES** CUCUMBERS, SNOW PEAS, CILANTRO

**QUINOA** MANGO, BELL PEPPER, COCONUT, ALMONDS \*\*

**HOUSEMADE CHIPS** OLD BAY SEASONING

**TABOULI** CAULIFLOWER, FRESH HERBS, POMEGRANATE

**SEASONAL FRUIT** LOCAL VARIETY

**TUSCAN KALE** GOLDEN RAISINS, PINE NUTS, PARMESAN \*\*

**PUMPKIN SEEDS** WITH CURRY POWDER

**DILL PICKLES** MADE IN HOUSE

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## BOWL SALADS

YOUR CHOICE OF THE  
HARVEST, ASIAN, OR CAESAR SALAD  
SERVES 10-15 PEOPLE

**\$44** (DOES NOT INCLUDE PROTEIN)  
ADD CHICKEN OR TOFU \$15 ADD SHRIMP \$19

\*\* CONTAINS NUTS OR SEEDS

OPTION TWO

# BOX LUNCH

LET US MAKE IT PERSONAL

## SANDWICHES

SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.  
SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

### ALBACORE TUNA

POACHED LOCAL TUNA,  
HARD BOILED EGG, FRIED ONIONS  
LETTUCE, TOMATO, HERB DRESSING  
CIABATTA. 15.5

### BACON, STEAK & EGG

CRISPY BACON, STEAK, LOCAL  
FRIED EGG, CHEDDAR, TOMATO,  
SPICY AIOLI, JALAPENO  
CHALLAH BUN 14.

### “BANH MI”

BLACK HILL RANCH PORK,  
PICKLED ONION, CUCUMBER,  
JALAPENO, CILANTRO, SAMBAL,  
AIOLI, BAGUETTE.  
SUB TOFU OPTIONAL 12.

### SMOKED SALMON

MIXED GREENS, ONION JAM,  
CREAM CHEESE, POPPY  
BAGEL. 12. \*\*

### GULF SHRIMP & CRAB

GREEN GODDESS, PICKLED  
RED ONION, TOMATO,  
CIABATTA. 14.

### TRUFFLED EGG SALAD

MIXED GREENS, TOMATO,  
PARMESAN, AIOLI,  
PRETZEL BUN. 10.

### “CRUNCHY” CHICKEN

NUT “CRUMBLE”, PROVOLONE,  
BUTTERMILK RANCH, PICKLES,  
TOMATO, CRUSHED CHIPS,  
PRETZEL BUN. 11.5. \*\*

### GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO,  
HUMMUS, TOMATO, SPROUTS,  
PICKLED ONIONS, CIABATTA 10.  
ADD CHICKEN 12.  
AS SALAD W/ CHICKEN. 12.5.

### QUINOA BURGER

SMOKED QUINOA-BEAN PATTY,  
AVOCADO, TOMATO, PICKLES,  
ONION, SECRET SAUCE,  
PRETZEL BUN. 11.5.

## SALADS

### SEASONAL HARVEST

RICOTTA CHEESE, BRUSSELS SPROUTS, POMEGRANATE,  
ALMONDS, SEASONAL VEGETABLES, FRESH HERB  
VINAIGRETTE 10.5 \*\*  
ADD CHICKEN OR TOFU 12. ADD SHRIMP 13.

### ASIAN CHICKEN

GINGER-SOY DRESSING, SPROUTS, TOASTED  
CASHEWS, RICE NOODLES, PEANUT SAUCE 12.5 \*\*

### VEGAN CAESAR

BABY KALE & ROMAINE, CASHEW PUREE, TOMATO,  
RED ONION, SWEET POTATO, SWEET & SPICY WALNUTS. 10.5  
\*\* ADD TOFU 12.5 CHICKEN 12.5 OR SHRIMP 13.5

### SHRIMP & GRAIN

GULF SHRIMP, TOASTED QUINOA, LENTILS, BROWN RICE,  
CAULIFLOWER, BABY KALE, TOASTED PUMPKIN SEEDS,  
SAFFRON VINAIGRETTE 14.5 \*\*

## SOUPS

### CHICKEN POSOLE

PUNPKIN SEEDS, CILANTRO  
LIME GARNISH \*\*

### AVOCADO POTATO LEEK

HOUSE CHIPS AND CHIVE GARNISH

\$4 FOR A CUP OR \$6 BOWL

\*\* CONTAINS NUTS OR SEEDS



THE FINAL TOUCH ON THE PERFECT LUNCH.

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## DESSERTS

## DRINKS

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SMALL ASSORTED PLATTER (SERVES 6-10) 19.

MEDIUM ASSORTED PLATTER (SERVES 11-18) 29.

LARGE ASSORTED PLATTER (SERVES 19-24) 39.

MOM'S CHOCOLATE CUPCAKE 4.

CHOCOLATE CHIP PECAN COOKIE 2. \*\*

SEVEN LAYER BAR 2.75. \*\*

BUTTERSCOTCH BLONDIE 3. \*\*

VEGAN CARROT CUPCAKE 4. \*\*

MINTADE GALLON 26. HALF GALLON 13.

BLACK TEA GALLON 20. HALF GALLON 10.

HONEY ICED COFFEE (WITH FLAX MILK) 4.

PAT GREER'S KOMBUCHA ON DRAFT 4.

MEXICAN COKE, TOPO CHICO, DR.PEPPER 3.

COLD BREW NITRO COFFEE ON DRAFT 4.5.

\*\* CONTAINS NUTS OR SEEDS

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## SERVING & SUPPLIES

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### UTENSIL KIT

FORK/SPOON/KNIFE/NAPKIN  
\$.25 PER KIT

### PLATES

\$.25

### CUPS

\$.25

### SERVE WARE

SPORK/SPOON/TONG/LADLE  
\$1 EACH

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE AT [HOUSTONLOCALFOODS.COM](http://HOUSTONLOCALFOODS.COM)  
OR CALL US AT 713.521.7800.

24 HOURS ADVANCED NOTICE & \$125 ORDER MINIMUM IS REQUIRED FOR DELIVERY.  
A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.

