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**LOCAL**

*Foods*

*Catering Menu*

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RICE VILLAGE

713.521.7800 [WWW.HOUSTONLOCALFOODS.COM](http://WWW.HOUSTONLOCALFOODS.COM)

OPTION ONE

# GROUP LUNCH

SOMETHING FOR EVERYONE

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## PLATTERS

### SMALL

9 SANDWICHES  
3 MARKET SIDES  
SERVES 7-11 PEOPLE

**\$116**

### MEDIUM

15 SANDWICHES  
4 MARKET SIDES  
SERVES 12-17 PEOPLE

**\$194**

### LARGE

24 SANDWICHES  
5 MARKET SIDES  
BOWL SALAD  
SERVES 18-26 PEOPLE

**\$272**

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## MARKET SIDES

### SMALL

SERVES 4-6 PEOPLE  
**\$12**

### MEDIUM

SERVES 7-9 PEOPLE  
**\$18**

### LARGE

SERVES 10-15 PEOPLE  
**\$24**

**SOBA NOODLES** CUCUMBERS, SNOW PEAS, CILANTRO

**ACORN SQUASH** GREEN BEANS, RED POTATO, CURRY, FLAX SEEDS \*\*

**HOUSEMADE CHIPS** OLD BAY SEASONING

**QUINOA** BELL PEPPER, CARROTS, ALMONDS\*\*

**SEASONAL FRUIT** LOCAL VARIETY

**TUSCAN KALE** GOLDEN RAISINS, PINE NUTS, PARMESAN \*\*

**PUMPKIN SEEDS** WITH CURRY POWDER

**DILL PICKLES** MADE IN HOUSE

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## BOWL SALADS

YOUR CHOICE OF THE  
HARVEST, ASIAN, CAESAR, OR GRAIN SALAD  
SERVES 10-15 PEOPLE

**\$44** (DOES NOT INCLUDE PROTEIN)  
ADD CHICKEN OR TOFU \$15 ADD SHRIMP \$19

\*\* CONTAINS NUTS OR SEEDS

OPTION TWO

## BOX LUNCH

LET US MAKE IT PERSONAL

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### SANDWICHES

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SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.  
SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

#### ALBACORE TUNA

POACHED LOCAL TUNA,  
HARD BOILED EGG, FRIED ONIONS  
LETTUCE, TOMATO, HERB DRESSING  
CIABATTA. 15.5

#### BACON, STEAK & EGG

CRISPY BACON, STEAK, LOCAL  
FRIED EGG, CHEDDAR, TOMATO,  
SPICY AIOLI, JALAPENO  
CHALLAH BUN 14.

#### “BANH MI”

BLACK HILL RANCH PORK,  
PICKLED ONION, CUCUMBER,  
JALAPENO, CILANTRO, SAMBAL,  
AIOLI, BAGUETTE.  
SUB TOFU OPTIONAL 12.

#### SMOKED SALMON

MIXED GREENS, ONION JAM,  
CREAM CHEESE, POPPY  
BAGEL. 12. \*\*

#### GULF SHRIMP & CRAB

GREEN GODDESS, PICKLED  
RED ONION, TOMATO,  
CIABATTA. 14.

#### TRUFFLED EGG SALAD

MIXED GREENS, TOMATO,  
PARMESAN, AIOLI,  
PRETZEL BUN. 10.

#### “CRUNCHY” CHICKEN

NUT “CRUMBLE”, PROVOLONE,  
BUTTERMILK RANCH, PICKLES,  
TOMATO, CRUSHED CHIPS,  
PRETZEL BUN. 12.5. \*\*

#### GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO,  
CURRIED CAULIFLOWER,  
HUMMUS, TOMATO, SPROUTS,  
PICKLED ONIONS, CIABATTA 10.5  
ADD CHICKEN 13.  
AS SALAD W/ CHICKEN. 14.

#### QUINOA BURGER

SMOKED QUINOA-BEAN PATTY,  
AVOCADO, TOMATO, PICKLES,  
ONION, SECRET SAUCE,  
PRETZEL BUN. 12.

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### SALADS

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#### SEASONAL HARVEST

HERBED GOAT CHEESE, BRUSSELS SPROUTS,  
POMEGRANATE, ALMONDS, SEASONAL VEGETABLES,  
FRESH HERB VINAIGRETTE 11.5 \*\*  
ADD CHICKEN OR TOFU 13.5 ADD SHRIMP 14.5

#### TACO SALAD

BABY KALE & ROMAINE, VEGAN “TACO MEAT,” AVOCADO  
PICKLED ONION, CILANTRO-CORN, TORTILLA STRIPS,  
PUMPKIN SEEDS, LIME VINAIGRETTE 12.5 \*\*

#### VEGAN CAESAR

BABY KALE & ROMAINE, CASHEW PUREE, TOMATO,  
RED ONION, SWEET POTATO, SWEET & SPICY WALNUTS. 10.5 \*\*  
ADD TOFU 12.5 CHICKEN 12.5 OR SHRIMP 13.5

#### SHRIMP & GRAIN

GULF SHRIMP, TOASTED QUINOA, LENTILS, BROWN RICE,  
CAULIFLOWER, BABY KALE, TOASTED PUMPKIN SEEDS,  
SAFFRON VINAIGRETTE 14.5 \*\*

#### ASIAN CHICKEN

GINGER-SOY DRESSING, SPROUTS, TOASTED  
CASHEWS, RICE NOODLES, PEANUT SAUCE 12.5 \*\*

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### SOUPS

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\$4 FOR A CUP OR \$6 BOWL

#### CHICKEN POSOLE

PUMPKIN SEEDS, CILANTRO  
LIME GARNISH \*\*

#### BUTTERNUT SQUASH BISQUE

SWEET POTATO,  
HONEY-CINNAMON PECANS \*\*

\*\* CONTAINS NUTS OR SEEDS

THE FINAL TOUCH ON THE PERFECT LUNCH.

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## DESSERTS

## DRINKS

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SMALL ASSORTED PLATTER (SERVES 6-10) 19.

MEDIUM ASSORTED PLATTER (SERVES 11-18) 29.

LARGE ASSORTED PLATTER (SERVES 19-24) 39.

MOM'S CHOCOLATE CUPCAKE 4.

CHOCOLATE CHIP PECAN COOKIE 2. \*\*

SEVEN LAYER BAR 2.75. \*\*

BUTTERSCOTCH BLONDIE 3. \*\*

VEGAN CARROT CUPCAKE 4. \*\*

MINTADE GALLON 26. HALF GALLON 13.

BLACK TEA GALLON 20. HALF GALLON 10.

BOTTLED WATER 1.5

\*\* CONTAINS NUTS OR SEEDS

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## SERVING & SUPPLIES

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### UTENSIL KIT

FORK/SPOON/KNIFE/NAPKIN  
\$.25 PER KIT

### PLATES

\$.25

### CUPS

\$.25

### SERVE WARE

SPORK/SPOON/TONG/LADLE  
\$1 EACH

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE AT [HOUSTONLOCALFOODS.COM](http://HOUSTONLOCALFOODS.COM)  
OR CALL US AT 713.521.7800.

24 HOURS ADVANCED NOTICE & \$125 ORDER MINIMUM IS REQUIRED FOR DELIVERY.  
A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.

