

# LOCAL —Foods—

## CATERING MENU

— UPPER KIRBY —

713.255.4440 / 2555 KIRBY DR. HOUSTON, TX 77019

[WWW.HOUSTONLOCALFOODS.COM](http://WWW.HOUSTONLOCALFOODS.COM)

OPTION ONE

# GROUP LUNCH

SOMETHING FOR EVERYONE

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## PLATTERS

### SMALL

[ SERVES 7-11 PEOPLE ]

9 SANDWICHES  
3 MARKET SIDES

**\$116**

### MEDIUM

[ SERVES 12-17 PEOPLE ]

15 SANDWICHES  
4 MARKET SIDES

**\$194**

### LARGE

[ SERVES 18-26 PEOPLE ]

24 SANDWICHES  
5 MARKET SIDES  
HARVEST BOWL SALAD

**\$272**

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## MARKET SIDES

### SMALL

[ SERVES 4-6 PEOPLE ]

**\$12**

### MEDIUM

[ SERVES 7-9 PEOPLE ]

**\$18**

### LARGE

[ SERVES 10-15 PEOPLE ]

**\$24**

**TUSCAN KALE** GOLDEN RAISINS, PINE NUTS, PARMESAN \*\*

**QUINOA** PEAS, CARROTS, FIGS, DILL

**HOUSEMADE CHIPS** OLD BAY SEASONING

**TABOULI** GARBANZO, CAULIFLOWER, FRESH HERBS

**BEETS** APPLES, WHEATBERRIES, MINT, HONEY, PISTACHIOS\*\*

**PICKLE SPEARS** MADE IN HOUSE

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## BOWL SALADS

[ SERVES 6-12 PEOPLE ]

YOUR CHOICE OF:

**HARVEST / ASIAN / CAESAR \$44**

(DOES NOT INCLUDE PROTEIN)

ADD CHICKEN OR TOFU **+\$15**

ADD SHRIMP **+\$19**

\*\* CONTAINS NUTS OR SEEDS

OPTION TWO

# BOX LUNCH

LET US MAKE IT PERSONAL

## SANDWICHES

SERVED WITH YOUR CHOICE OF TWO SIDES OR CUP OF SOUP.

SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

### ROAST BEEF

44FARMS BEEF, KALE, CURRIED CAULIFLOWER, TOMATO, HORSERADISH AIOLI, CHEDDAR, WHEAT 14.5 \*\*

### SMOKED SALMON

COLD CURED & SMOKED IN-HOUSE, MIXED GREENS, ONION JAM, CREAM CHEESE, POPPY SEED BAGEL 12. \*\*

### “CRUNCHY” CHICKEN

NUT “CRUMBLE”, PROVOLONE, BUTTERMILK RANCH, PICKLES, TOMATO, PRETZEL BUN 12.5 \*\*

### VEGAN MEATBALL

MUSHROOM-PECAN “MEAT”BALLS, TOMATO MARINARA, ARUGULA PESTO, SPICY GIARDINIERA, BAGUETTE 11. \*\*

### GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO, HUMMUS, TOMATO, SPROUTS, PICKLED ONIONS, CIABATTA 10.5

ADD CHICKEN 13.  
AS SALAD W/ CHICKEN 14

### GULF SHRIMP & CRAB

GREEN GODDESS, PICKLED RED ONION, TOMATO, CIABATTA 14.

### TRUFFLED EGG SALAD

MIXED GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 10.

### VEGGIE BURGER

SMOKED QUINOA-BEAN PATTY, AVOCADO, TOMATO, PICKLES, ONION, SECRET SAUCE, PRETZEL BUN. 12.

## SALADS

### SEASONAL HARVEST

MIXED GREENS, MARKET VEGGIES, GOAT CHEESE, LOCAL SPROUTS, SEASONAL FRUIT, ALMONDS, FRESH HERB VINAIGRETTE 11.5 \*\*  
ADD CHICKEN OR TOFU 13.5 / ADD SHRIMP 14.5

### TACO SALAD

BABY KALE MIX, VEGAN “TACO MEAT”, AVOCADO, PICKLED ONION, TORTILLA STRIPS, CILANTRO-CORN, LIME VINAIGRETTE 12.5 \*\*

### ASIAN CHICKEN

CHOPPED NAPA CABBAGE, BEAN SPROUTS, SPICY CUCUMBERS, CASHEWS, RICE NOODLES, GINGER-SOY DRESSING, PEANUT SAUCE 12.5 \*\*

### VEGAN CAESAR

BABY KALE, CRISPY SWEET POTATOES, SPICED PECANS, CROUTONS, CASHEW CHEESE 10.5 \*\*  
ADD CHICKEN OR TOFU 12.5 / ADD SHRIMP 13.5

### ARUGULA SHRIMP

ARUGULA MIX, WHEATBERRIES, CRANBERRY, PECORINO, SPICED PECANS, LEMON VINAIGRETTE 13.5 \*\*

## SOUPS

\$4 FOR A CUP OR \$6 BOWL

### LEMONGRASS CHICKEN

CHICKEN, COCONUT MILK CILANTRO, AND TOMATO GARNISH

### POSOLE

CHICKEN, HOMINY, POBLANO GREEN CHILIS, CILANTRO, PUMPKIN SEED GARNISH \*\*

### VEGAN GUMBO

KIDNEY BEANS, SCALLION-JASMINE RICE GARNISH



\*\* CONTAINS NUTS OR SEEDS

THE FINAL TOUCH FOR THE PERFECT LUNCH.

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## DESSERTS

SMALL ASSORTED PLATTER (SERVES 6-10) **19.**  
MEDIUM ASSORTED PLATTER (SERVES 11-18) **29.**  
LARGE ASSORTED PLATTER (SERVES 19-24) **39.**  
CHOCOLATE CHIP PECAN COOKIE **2. \*\***  
GF 7-LAYER BAR **2.75 \*\***  
BUTTERSCOTCH BLONDIE **3. \*\***  
MOM'S CHOCOLATE CUPCAKE **4.**

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## DRINKS

MINTADE GALLON **26.** / 1/2 GALLON **13.**  
SUNDEW GREEN TEA GALLON **26.**  
ICED TEA GALLON **20.** / 1/2 GALLON **10.**  
BOTTLED WATER **1.5**  
MEXICAN COKE, TOPO CHICO, DR.PEPPER **3.**

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## SERVING & SUPPLIES

### UTENSIL KIT

(FORK/SPOON/KNIFE/NAPKIN)

**\$.25 PER KIT**

### PLATES

**\$.25**

### CUPS

**\$.25**

### SERVE WARE

SPORK/SPOON/TONG/LADLE

**\$1 EACH**



**TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE  
AT [HOUSTONLOCALFOODS.COM](http://HOUSTONLOCALFOODS.COM) & SELECT THIS LOCATION:**

**UPPER KIRBY**

FILL OUT OUR CATERING ORDER FORM & E-MAIL IT TO  
**[UPPERKIRBY@HOUSTONLOCALFOODS.COM](mailto:UPPERKIRBY@HOUSTONLOCALFOODS.COM)**

A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.  
24 HOURS ADVANCED NOTICE & \$125 ORDER MINIMUM IS REQUIRED FOR DELIVERY.

**PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.**