
LOCAL

Foods

CATERING MENU

DOWNTOWN

713.227.0531 WWW.HOUSTONLOCALFOODS.COM

BREAKFAST TACOS

SOMETHING FOR EVERYONE

GROUP ORDERS

SMALL

20 ASSORTED TACOS
1/2 PINT EACH SALSA
WITH ROASTED POTATOES
AND BEANS
SERVES 8-10 PEOPLE

\$80

MEDIUM

30 ASSORTED TACOS
1 PINT EACH SALSA
WITH ROASTED POTATOES
AND BEANS
SERVES 12-15 PEOPLE

\$120

LARGE

50 ASSORTED TACOS
1 QUART EACH SALSA
WITH ROASTED POTATOES,
BEANS, AND GRANOLA BOWL
SERVES 18-25PEOPLE

\$180

BREAKFAST TACOS ON FLOUR TORTILLAS

THE CLASSIC BACON, EGG, AND CHEDDAR CHEESE

VEGAN CHORIZO TOFU SCRAMBLE AND POTATOES

BRUSSELS SPROUT EGG WHITES, VEGGIE SLAW, TAHINI

44 FARMS FAJITA SCRAMBLED EGG AND CHIMICHURRI

SIDE OPTIONS

VEGAN CASHEW "QUESO" WITH TORTILLA CHIPS **20****

ROASTED POTATOES IN GARLIC OIL **18**

VEGAN BEANS VEGAN BEANS **18**

HUMMUS WITH ASSORTED VEGETABLES & GARLIC OIL **20**

FRUIT PLATTER ASSORTED SEASONAL FRUIT **18**

GRANOLA BOWL WITH ASSORTED FRUIT AND YOGURT **20****

TUSCAN KALE PARMESAN, GOLDEN RAISINS, PINE NUTS **18****

QUINOA BROCCOLI, CARROTS, FETA, SUNFLOWER SEEDS **18****

BEET SALAD LENTILS, CRANBERRY, TAHINI, ONION, MINT **18**

TORTILLA CHIPS MADE IN HOUSE **18**

MORNING DRINKS

SEASONAL LEMONADE: GALLON **26**
HALF GALLON **13**

BLACK TEA: GALLON **20**
HALF GALLON **10**

GRAPEFRUIT JUICE: GALLON **32**
HALF GALLON **16**

ORANGE JUICE: GALLON **24**
HALF GALLON **12**

KATZ COFFEE: GALLON **25**

SERVING & SUPPLIES

UTENSIL KIT
FORK/SPOON/KNIFE/NAPKIN
\$.25 PER KIT

PLATES
\$.25

BOWLS
\$.25

CUPS
\$.25

SERVE WARE
SPORK/SPOON/TONG/LADLE
\$1 EACH

OPTION ONE

GROUP LUNCH

SOMETHING FOR EVERYONE

PLATTERS

SMALL

9 SANDWICHES
3 MARKET SIDES
SERVES 7-11 PEOPLE

\$125

MEDIUM

15 SANDWICHES
4 MARKET SIDES
SERVES 12-17 PEOPLE

\$194

LARGE

24 SANDWICHES
5 MARKET SIDES
BOWL SALAD
SERVES 18-26 PEOPLE

\$295

MARKET SIDES

BEET SALAD CRANBERRIES, LENTILS, MINT, TAHINI, ONION

SCALLOPED POTATO SALAD DILL, HONEY, ONION

HOUSEMADE CHIPS OLD BAY SEASONING

TUSCAN KALE GOLDEN RAISINS, PINE NUTS, PARMESAN **

QUINOA BROCCOLI, CARROTS, FETA, SUNFLOWER SEEDS**

DILL PICKLES MADE IN HOUSE

BOWL SALADS

YOUR CHOICE OF THE
HARVEST OR ASIAN SALAD
SERVES 10-15 PEOPLE

\$44

(DOES NOT INCLUDE PROTEIN)
ADD CHICKEN OR TOFU \$15 ADD SHRIMP \$19

** CONTAINS NUTS OR SEEDS

SERVING & SUPPLIES

UTENSIL KIT

FORK/SPOON/KNIFE/NAPKIN
\$.25 PER KIT

PLATES

\$.25

SOUP BOWLS

\$.25

CUPS

\$.25

SERVE WARE

SPORK/SPOON/TONG/LADLE
\$1 EACH

SOUPS \$4 CUP / \$6 BOWL / \$10 QUART

GREEN CHILE POSOLE

CHICKEN, HOMINY, POBLANO,
GREEN CHILES, CILANTRO,
PUMPKIN SEED GARNISH **

VEGAN "CLAM" CHOWDER

CASHEWS, OYSTER CRACKERS,
ROOT VEGETABLES, GARLIC OIL,
INDIAN CREEK MUSHROOMS

JALAPENO HUMMUS

\$20

SERVES 6-8 PEOPLE
SERVED WITH
ASSORTED VEGETABLES
& GARLIC OIL

OPTION TWO

BOX LUNCH

LET US MAKE IT PERSONAL

SANDWICHES

SERVED WITH YOUR CHOICE OF **TWO SIDES** OR **CUP OF SOUP**.
SANDWICHES MAY ALSO BE PREPARED AS A SALAD.

SPICY FALAFEL

TOMATOES, SWEET PEA HUMMUS,
CASHEW "CREAM", SAMBAL,
ROMAINE, HARVEST WHEAT. **12.5**

GULF SHRIMP & CRAB

ROMAINE, TOMATO
PICKLED RED ONION,
GREEN GODDESS, CIABATTA. **14.**

"CRUNCHY" CHICKEN

NUT/SEED "CRUMBLE", PROVOLONE,
ROMAINE, PICKLES, TOMATO,
CRUSHED CHIPS, RANCH
PRETZEL BUN. **12.5. ****

GARDEN SAMMIE

BRUSSELS SPROUTS, AVOCADO,
CURRIED CAULIFLOWER,
HUMMUS, TOMATO, SPROUTS,
PICKLED ONIONS, CIABATTA **10.5**
ADD CHICKEN **13.**
AS SALAD W/ CHICKEN. **14.**

BBQ PORK TORTA

SLOW ROASTED PORK FLAT IRON,
JALAPENO CABBAGE SLAW,
WHITE BBQ SAUCE,
PICKLE SPEARS,
BOLILLO ROLL **14.5**

TURKEY SALAD

JALAPENO MOZZARELLA,
PECAN PESTO, RED GRAPES,
ARUGULA, AIOLI, SOURDOUGH **13.5 ****

TRUFFLED EGG SALAD

MIXED GREENS, TOMATO,
PARMESAN, AIOLI,
PRETZEL BUN. **10.**

SALADS

SEASONAL HARVEST

RICOTTA CHEESE, BRUSSELS SPROUTS,
SEASONAL FRUIT, ALMONDS, SEASONAL VEGETABLES,
FRESH HERB VINAIGRETTE **11.5 ****
ADD CHICKEN OR TOFU **13.5** ADD SHRIMP **14.5**

GULF TUNA BOWL

TARTARE STYLE TUNA, TURMERIC RICE, ARUGULA,
CURED CUCUMBER, CABBAGE SLAW,
MARCONA ALMONDS, TOGARASHI AIOLI **16.5**

ASIAN CHICKEN

NAPA CABBAGE & ROMAINE, MARINATED BEAN SPROUTS,
TOASTED CASHEWS, CRISPY RICE NOODLES,
GINGER-SOY DRESSING, PEANUT SAUCE **12.5 ****

SALMON POKE (contains raw fish)

BOK CHOY, AVOCADO, SESAME QUINOA,
CILANTRO, EDAMAME, RADISH, PICKLED EGG **17.5 ****

TACO SALAD

BABY KALE & ROMAINE, VEGAN "TACO MEAT," AVOCADO
PICKLED ONION, CILANTRO-CORN, TORTILLA STRIPS,
PUMPKIN SEEDS, LIME VINAIGRETTE **12.5 ****

** CONTAINS NUTS OR SEEDS

THE FINAL TOUCH ON THE PERFECT MEAL.

DESSERTS

SMALL ASSORTED PLATTER (SERVES 6-10) **19**
MEDIUM ASSORTED PLATTER (SERVES 11-18) **29**
LARGE ASSORTED PLATTER (SERVES 19-24) **39**
CHOCOLATE CHIP PECAN COOKIE **2 ****
CHOCOLATE CHIP PEANUT BUTTER COOKIE **3 ****
VEGAN CARROT CUPCAKE **4 ****
CHEF'S SEASONAL PASTRY **4**

DRINKS

SEASONAL LEMONADE: GALLON **26**
HALF GALLON **13**
BLACK TEA: GALLON **20**
HALF GALLON **10**
HOUSE ICED COFFEE (WITH SOY MILK) **4.5**
PAT GREER'S KOMBUCHA **4.5**
KATZ NITRO COLD BREW COFFEE **6**
BOTTLED WATER **1.5**

** CONTAINS NUTS OR SEEDS

TO MAKE A CATERING ORDER, PLEASE VISIT OUR WEBSITE AT HOUSTONLOCALFOODS.COM
OR CALL US AT 713.227.0531.

24 HOURS ADVANCED NOTICE & \$125 ORDER MINIMUM IS REQUIRED FOR LUNCH DELIVERY.
48 HOURS ADVANCE NOTICE & \$100 MINIMUM IS REQUIRED FOR ALL BREAKFAST CATERING
DELIVERY FEE IS BASED ON DISTANCE.
A FORMAL CONFIRMATION INVOICE WILL BE SENT BACK FOR YOU TO APPROVE.

PLEASE INFORM US OF ANY FOOD ALLERGIES BEFORE ORDERING.

